Dear Parents,

Each of the Year levels have been working on their ‘Artscape’ over the last few weeks. Their ‘Artscape’ depicts one part of Christ’s Passion and these will be displayed in the Good Sam Centre on Thursday morning. Each class will visit during the day and will pause at each visual representation of part of the Easter story where they will engage in prayer, a scripture story and a reflection. Thank you to the children and teachers who have helped with the preparation.

Wishing you all a very happy, Holy and safe Easter break.

Congratualtions to the Swimming Age Champions who were presented their trophies at last Friday’s assembly.

Late Arrival Protocol
Parents are reminded that if your child arrives late to school they must be signed in at the office. The roll is marked promptly every morning and if your child misses marking of the roll they will be marked absent.

Piano News
Congratulations to Indya Cobden on her High Distinction for Grade One AMEB Piano for Leisure examination. This is a great achievement. Well Done Indy!

I would also like to notify all Parents and Carers of piano students that I will be away for the first two weeks of Term 2. I will return to start teaching on May 4, 2015. Lesley Parish.

North District Cross Country Trial
Date: 27th April
Venue: Pine Rivers Park, Bald Hills
Time: arrive 8.30am for 9am start
Eligibility: Born 2003, 2004 & 2005
10yrs 2000m, 11yrs 3000m & 12yrs 3000m

Defence News
I hope you all have a wonderful Easter break. This term has flown by and next term is looking busy already. Our ANZAC Commemoration is on the Friday the 24th at 8.40am. I look forward to seeing you there. Our Commemorative coins are still on sale in the office for $5. These are a wonderful keepsake for your children.

Have a partner going on deployment?
Deployments can be challenging even for the strongest relationships. Come along to a session & learn some strategies aimed at enhancing and throughout deployment!

Where: Gallipoli Barracks Community Centre
When: 11:30 am - 1:00 pm or 6:00 pm - 8:00pm
Date: Wednesday 08 April 15
FURTHER INFORMATION Ring Kim Copple or Rebecca Ware RSVPs essential. Please contact DCO Brisbane on 3354 0500 to register.

IMPORTANT CHOIR NEWS.
Thank you all for a great choir term! Attendance at both the Junior and Senior Choirs has been wonderful. There will be no Junior Choir this week on the last day of term. Both choirs will commence on the very first week of term 2 ( Wednesday for Senior Choir and Thursday for Junior Choir). It will be a busy term 2 with both choirs performing at the OLA Festival. The Senior Choir will also perform at the Queensland Youth Music Awards in the first week of June.

Have a lovely Easter
Sharon Farne Sang (Music Specialist)

School State Swimming Championships
Congratulations to Dana Gronbach for the following achievements:
10yrs 50m Freestyle relay - Bronze Medal.
Competed in the 10yrs 100Free, 50back, 50Free, 50Breast and made it to the finals in 3 of these events (excluding 50Back)
Placed 5th in 50Breast, 7th 100Free and 8th 50Free in Finals

Lost
A pair of blue, black and white glasses in a gray frame.
A ‘Cookie Monster’ key-ring has been lost. Please hand in to the office if found.

OLA EASTER COLOURING IN COMPETITION
Congratulations to our talented students

THANK YOU to all the students who entered the Easter Colouring In Competition. It was very hard to choose from so many beautiful and creative entries. The winners are:

Prep
1st PRIZE Easter Hamper: Brooke Barnsley PR
2nd PRIZE $30 Book Voucher: Harry Cootes PY
3rd PRIZE $15 Book Voucher: Alice Sefton PY

Grade 1
1st PRIZE Easter Hamper: Sienna Roset 1G
2nd PRIZE $30 Book Voucher: Reshmi Aseerwatham 1G
3rd PRIZE $15 Book Voucher: Jeremiah Dineen 1MH

Grade 2
1st PRIZE Easter Hamper: Edward Heslehurst 2MC
2nd PRIZE $30 Book Voucher: Naomi Wijedoru 2M
3rd PRIZE $15 Book Voucher: Sienna Gay 2C

Prep
1st PRIZE Easter Hamper: Brooke Barnsley PR
2nd PRIZE $30 Book Voucher: Harry Cootes PY
3rd PRIZE $15 Book Voucher: Alice Sefton PY

Grade 1
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3rd PRIZE $15 Book Voucher: Jeremiah Dineen 1MH

Grade 2
1st PRIZE Easter Hamper: Edward Heslehurst 2MC
2nd PRIZE $30 Book Voucher: Naomi Wijedoru 2M
3rd PRIZE $15 Book Voucher: Sienna Gay 2C

Congratulations from Katrina & Simone

Picture not published

Cross Country Training:

Cross Country Training will recommence on Tuesday 21st April.

Training sessions will be held Tuesday and Wednesday of week 1 from 8:00-8:20, on the oval, and Monday, Tuesday and Wednesday of week 2. These sessions are NOT compulsory and are open to all students.

Please wear appropriate footwear. Students are able to train in coloured clothes and change into their uniforms upon returning to school. Students may wish to bring extra food to school on training days to allow for a post training snack - training is hard and hungry work!

We look forward to seeing you bright and early after the Easter break!
The new 2015 | 2016 Entertainment Books are coming soon!

An Entertainment Book will be sent home with each family for you to check out, on 24th April 2015.

Order your new 2015|2016 Entertainment™ Membership today to receive up to $195 in Early Bird Offers!

Choose from the traditional Entertainment™ Book or the NEW Entertainment™ Digital Membership, which puts the value of the Book into your iPhone or Android smartphone!

Each membership has hundreds of 50% off and 2-for-1 offers for restaurants, cafés, attractions, hotels, shopping, groceries and travel and contain over 2,000 offers that you can use whenever you like until 1st June 2016.

PLUS OLA retains 20% of the price of every Membership sold which goes towards our fundraising!

Don’t forget the class who sells the most books will receive a Baskin & Robbins ice cream party!


OLA Parents & Friends News

Congrats to all who entered the OLA anti-bullying rap comp, with 3H team Cooper Guise and Will Nickelson taking the top $50 music voucher prize! Their winning rap is now a published work on the Facebook site of guest judges, Brisbane band Jelly Kids! Now the boys are prepping with Mrs Sang to perform it on assembly in first week back! Great job yo!

Mother’s Day Classic
A few OLA Mums have got together to enter the Mother’s Day Classic. The Mother’s Day Classic is an annual event, held on Mother’s Day (May 10 this year), where you can walk or run to raise money and awareness for breast cancer research.

We would love for you to join us so we have created a team, ‘OLA MUMS’. You can enter into any of the events (4.5km or 8km, walk or run) and still be part of the team! You can register as an individual or a family.

All you need to do is register on the website:

http://www.mothersdayclassic.com.au/our-events/event-locations/brisbane/ and when the prompt asks you if you wish to join a team, select OLA MUMS from the list.

If you can’t make it on the day, don’t worry, you can still offer support and help fundraise by visiting the OLA MUMS team fundraising page and making a donation.


Thanks in advance for your support! Drop us a line at olapanadf@gmail.com if you’d like more info. Get moving peoples!
VINTAGE TREASURE STALL

Yes folks there will be a Vintage Treasure Stall at the Festival this year. We are looking for donations of household items, garage stuff, antiques, trinkets etc that are clean, in good working order or in good repair. We would ask that all items be no larger than carrying size.

Your treasures can be dropped off outside the storage room (room 9) next to art room, or to the office during school hours. The storage room (room 9) will be open on Saturdays 25 April 2015 through to 23 May 2015 from 9am to 11am so you can drop your donations off directly.

A volunteer or two would be most appreciative on the day. If you would like to help please fill out the info below.

Thank you and I look forward to working with you all,

Leah Quinn (Mum to Zoe 2M)

Please contact me if you have any questions regarding your donations and of course volunteering Ph: 0407 199 224 or email info@greenurbanscapes.com.au

VINTAGE TREASURE STALL

Please return in your child's blue note bag or via email to info@greenurbanscapes.com.au.

Name: .................................. Email Address: ........................................

Mobile: .................................. Child’s Class: ................................................

☐ Saturday 6th June – Stall Set Up

Sunday

☐ 10am - 11am (setup)

☐ 11am - 12 noon

☐ 12noon - 1pm

☐ 1pm - 2pm

☐ 2pm - 3pm

☐ 3pm - 4pm
Lost in concentration

It's more challenging than ever to be present with our kids, and so easy to get lost in concentration on a device. Here are 5 tips to really impact and make the most of every opportunity you have with your kids.

I can't help but admire my young colleague Sonia, mother of a 4-year-old boy and a seven-year-old girl. She is an avid user of social media and other electronic devices, but she is disciplined enough to set them aside when she is with her kids. Sonia chooses to focus her attention on her children, so she limits her use of communication devices to the times when she is alone – which she admits is less often than she’d like.

Electronic devices such as tablets and mobile phones are ever present. They are heaps of fun, the source of so much knowledge and a great way to stay in touch with others. The flip side is that their hypnotic effect is powerful so that frequently all our concentration is directed at them rather than our kids. When this happens you’ll more than likely miss some wonderful opportunities to really impact your child.

There are five BIG opportunities available to you as a parent if you, like Sonia, choose to be in the moment when you have children. When you are fully present you can:

1. Build their language

Recently, I saw a mother walking side by side with a young toddler playing a simple language game. She would make a sound with her mouth and her young son would mimic her. She changed or added to the sounds and her son tried to replicate the sounds. This is language building at its most natural and finest, and wouldn’t have happened if this mother was on the mobile phone rather than being present with her child. Whether you are with a toddler, primary aged child or a teen the language building opportunities are endless. You just have to focus on the one you are with and let things happen naturally.

2. Teach your children about their world

Most children are naturally curious and will ask lots of questions. “Why do dogs bark?” “Why is the sun round?” “Where do babies come from?” Yes, some are simple, some are hard to answer and some you are just not ready for. But it’s through these simple interactions that you become your child’s first and most important teacher. My hunch is that most kids will stop asking these questions of you if your attention is focused elsewhere, such as on a mobile phone or other electronic device.

3. Impact their thinking

Influential British educator Charles Des Forges says, “If you want to influence your child’s thinking then you need to talk to him. If parents want more influence then they need to talk more to their children.” According to Des Forges it’s through the conversations that parents have with their children that they impact the way they think, as well as influence their values. Nothing kills personal conversation with a child or young person like a mobile device.

4. Build relationships

Relationships are built through common interest, good intent and respectful behaviour. I can think of no better reason for being in the moment with your child than the opportunity it presents to build some common interest and rapport. Time spent giving attention to your child is like putting money in the bank for the future. You never know when you are going to withdraw some of the deposits that you've made, so it’s reassuring to know that you've made plenty of deposits of goodwill to draw on, particularly in the tricky teenage years.

5. Build memories for you

As a parent of adult children I now treasure the memories of times I was fortunate to have spent with them as young children. It’s strange how these memories resurface at the most unexpected time. Recently, I was in a supermarket and I remembered the time when I enthusiastically asked my youngest, who was three at the time, to get the box of cereal with the big red K. Off she went feeling all important and returned with a triumphant smile armed a box of dog food. “Thanks darling. Nearly!” was my reply desperate not to quell the enthusiasm to help that only a three year old can have.

Yes, there are million memories such as this available to parents who are willing to focus attention on the children rather than be distracted by the lure of communication devices.

As a parent you have competing demands on your time, and the allure of communication technology can be overwhelming. However, as Sonia is so aware, the time for parents to really impact on kids is limited so you want to make the most of every opportunity you have with them.

The key to positively influencing your kids, building strong relationships and building enough fond memories to last a lifetime is to make sure that your mind is where your body is and be fully present when you are with your kids.
All new boot campers receive 1 FREE week of training to get you started.

Our goals are simple:
- Create a supportive environment
- Exercise for results
- Support all fitness levels
- Have fun

Mat - 0414474040
Email: contact@weighttolife.com.au
Web: www.fearlesshealth.com
Facebook: Boot Camp Enoggera

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OLA Mums in Real Estate
Thinking of Selling?

Talk to Katrina or Simone

Professional & passionate Real Estate Agents who are part of your local OLA Community.

We’re here to help with all your real estate needs.

Harcourts Solutions
Mitchelton
www.solutions.harcourts.com.au
tel: 3505 4444
Katrina Gibbons
0403 557 343
Simone Ossington
0423 888 850

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BEAUTY FOUND

Spend some time on YOU this Easter break!

Visit me at Beauty Found – your personal, comfortable home based beauty salon.

- attend to your waxing needs
- relax with a deluxe facial
- enhance your look with a spraytan

HAPPY EASTER and see you in the salon.

Regards
Narelle Willson - Beauty Found

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DATE CLAIMER
SATURDAY, 16TH MAY 2015 @ 10AM
DOMESTIC VIOLENCE PREVENTION MONTH
PEACEFUL WALK AND CEREMONY
FOLLOWED BY FAMILY AND COMMUNITY ACTIVITIES/EVENT

For the last 20 years SANDBAG has conducted a peaceful walk and ceremony in Sandgate in recognition of the prevention of Domestic and Family Violence. We have partnered with a number of organisations and, following the walk/ceremony, there will be free activities for adults and children to participate in. SANDBAG hopes to reduce the stigma attached to those affected by domestic and family violence.

For more information, please contact Maggie on: 3269 0277

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