Dear Parents,

Welcome to term 4 at OLA. The beginning of the term is a timely occasion to remind everyone of our school rules which try to encapsulate how everyone in our community should show Respect and Care for ourselves, each other, our learning and our school.

Each classroom teacher reminds the children of these rules regularly and I ask that each family knows the rules and re-enforces them with their children and supports the school staff in maintaining a safe and respectful learning environment for all students.

REMINDERS FOR PARENTS. Showing care and respect for other motorists in the car pick up area will be a good role model for the children. I ask that parents do not congregate outside the prep and year 2 classrooms in the afternoon as it is distracting for the teachers and classes. Little children should not be using the Prep adventure playground at this time. Remember as well that pets, particularly dogs, should not be brought onto the school grounds.

Nine classrooms had air-conditioning installed over the holidays in preparation for the heat of summer. Thank you P and F! The toilet refurbishment has had to be postponed until the Christmas holidays as the floor treatment will require a week to adequately cure.

Respect and Care for Ourselves by
- having the courage to try something new;
- maintaining a neat and tidy appearance and wearing correct school uniform;
- being responsible for our own belongings;
- following playground and classroom guidelines and procedures to ensure our own safety and the safety of others;
- having reasons for the things you say and do;
- approaching learning in a positive and respectful manner;
- celebrating the efforts and achievements of all;
- recognising and respecting that we are all here to learn;
- being organised with the materials required for learning;
- being brave and participating to progress in all class / school activities;
- keeping ‘myself to myself’;
- speaking politely and using manners at all times;
- letting others join in;
- assisting anyone in need;
- treating others as you would like them to treat you;
- looking after all property;
- taking care of the environment; and
- representing our school responsibly.

Respect and Care for our Learning by
- being responsible for the things you say and do;
- approaching learning in a positive and respectful manner;
- celebrating the efforts and achievements of all;
- recognising and respecting that we are all here to learn;
- being organised with the materials required for learning;
- being brave and participating to progress in all class / school activities;
- keeping ‘myself to myself’;
- speaking politely and using manners at all times;
- letting others join in;
- assisting anyone in need;
- treating others as you would like them to treat you;
- looking after all property;
- taking care of the environment; and
- representing our school responsibly.
Prep-Yr 2 Swimming
Swimming commences for the Preps to year 2 at the Enoggera State School next Thursday. Please ensure that your child remembers to bring the followings items:
- Swim bag
- Towel
- Sandals/Thongs
- Swimming Cap (no cap no swimming)
- Goggles
- bathers/Sunshirt
- Sunscreen (applied at start of day)

Please ensure all items are labelled clearly. If your child has a lesson first up please ensure they have their school uniform to change back into.

A Swimming Carnival for the Preps-Yr 2’s will be held on the 27th November.

2015 Booklists
Booklists were sent home the last week of term 2. If you are returning these to the office ensure they are returned by the 30th October. Cash orders will not be accepted. If you did not receive a booklist, they are available from the school’s website.

A booklist came into the school office in the last week of school. If this was you could you please contact the school office.

Tuckshop
Sushi (available Wednesdays & Friday)
Freshly made sushi from Wok Me - Enoggera will be available in term 4 starting in WEEK 2.

Flavours Available to order - ($3 each or 2 for $5.50)
Crispy Chicken & Avocado
Teriyaki Chicken
Teriyaki Beef
Tuna Salad (Tuna mix consists of tuna, onion, mayonnaise & cucumber)
Fresh Salmon & Avocado

Volunteers are needed to help out at the tuckshop. If you are unable to volunteer and would like to help, you still can by providing some home bake. Please ensure you write the ingredients as we do have children with food allergies. Please email Sue Smith at suesmith@live.com.au if you can assist.

SACRAMENT OF RECONCILIATION
Towards the end of each year the Sacrament of Reconciliation is offered to children (from around 7-8 years, usually Year 2) who have been baptised.

General Sacrament Information Session for parents
4.00pm Sunday 12th October OR 7.00pm Wednesday 15th October

Sacrament of Reconciliation celebration
Between 4.00-5.00pm Wednesday 19th November OR Between 4.00-5.00pm Thursday 20th November

All above celebrations will be held at St John the Baptist, Enoggera and are open to all children from the KBCC Parishes. The same program will run early next year based at St Columba’s Wilston and will be open to all children from the KBCC Parishes.
Please see the Parish Newsletter for more information or call the Parish Office on 3352 1730

Pie Faces
The competition is heating up for students to participate in the no-hands pie eating competition. 7C is in the lead so far but very closely followed by 5H, 3F and 1L. Who will be left with pie on their face? Come on families! Buy your tickets to the Bush Dance today and get in on the fun.

Defence News
On Wednesday the 22nd of October we will be having our 2nd Teddy Bears Picnic. All children are welcome to bring the animal they love to the library. Remembrance Day is the 11th of November and our Ceremony will commence at 10.50am in the Good Samaritan Centre. All families are welcome to attend.
Janet Dyer, DSTA

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Story Dance & Book Week
Every parent I know wants a great relationship with their children.

An effective way of promoting such relationships is through rituals and traditions. Rituals and traditions build close families.

For example, most strong families I know are underpinned by a strong food culture. In these families, every kid, no matter what their age, is expected to come to the meal table. Kids in these families are generally also expected to participate in other rituals and traditions.

This can require some parenting spine, but these rituals build wide relationships – that is, they gather the tribe together creating a wide relationship circle.

Individual parent–child relationships need to go deep. Deep relationships provide leverage. They also survive the potential storms of adolescence, during which relationships can become stormy and intense.

Certainly some ages are more amenable to positive relationship building than others. Developmentally, it’s easiest to build deep relationships in the opportunity years of latency: five through to ten years of age.

The easiest way to build a deep relationship between yourself and each of your kids is to spend regular one-on-one time together. Go somewhere for a whole day with a child. Go away for a weekend with just one child. Do things you enjoy. If possible, go camping.


These shared experiences can have a magic impact on relationships. They can sometimes lead to vast improvements in children’s behaviour.

Another way to build deep relationships is to share an interest with a child. Having something in common, whether it’s a shared love of sport, books or a hobby, creates an individual bond that goes deep. A shared interest also creates ‘natural’ opportunities for one-on-one time.

Make it happen
One-on-one time needs to be organised. It generally won’t happen by accident.

It takes time. It takes energy. It takes a support mechanism to make it happen. Most of all takes permission.

But one-on-one time is so worth the effort.

Building deep relationships with kids By Michael Grose

Building a strong relationship with their children is every parent’s dream. Here are some time-honoured ways of doing this ... if you can stick to them.
**Children’s Prayer Circle**

Commences next Tuesday, 14th October

Come and join Mrs Arcodia and Mrs Robertson for fun and creative prayer!

All students are welcome.

**Where:** The Chapel

**When:** Tuesday 8.15am to 8.30 am

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**Boot Camp at OLA 6 Days Per Week**

Why not reward yourself this semester and join many other OLA Mums and Dads by benefiting from increased energy, fitness, and a leaner body composition by Xmas. Boot Camp Enoggera has established itself over the last few years and is now conducting 6 fitness sessions per week at OLA.

Our former military trainers goals are simple....

*Create a supportive environment where all fitness levels are welcomed by existing Boot Campers*

*Program each exercise session for maximum return on investment*

*Have lots of fun training and acknowledge all achievements from Boot Campers*

The 25 week initiative “Spring into SUMMER” allows plenty of time to create a healthy, fit, and energetic YOU just in time for summer. All new boot campers receive 1 FREE week of training (go to the website below to take advantage) to ensure that the environment and training suits your needs. There is no obligation to sign up after your free week.

**Contact:** Mat Skate  Mob: 0414474040

**Email:** contact@weighttolife.com.au

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**NetSetGO**

**Introduction to Netball for 5s-10s**

3:30-4:30pm every Monday

13 October - 1 December • $80

Hilder Road State School

The Gap Netball Club is the biggest in Queensland and will run the popular ANZ NetSetGO program at Hilder Road State School at The Gap for 8 weeks from Monday 13 October until 1 December.

NetSetGO is an introductory program for 5 to 10 year old girls and boys that teaches the basics of netball and develops general motor skills in a fun and safe way.

The $80 fee covers insurance & a participant pack, and there will be a family sausage sizzle after the last session on 1 December.

Registration and further information:

- [http://thegapnetball.org](http://thegapnetball.org)
- [netsetgo@thegapnetball.org](mailto:netsetgo@thegapnetball.org)

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**Worldwide Marriage Encounter:** A weekend away for married couples in peaceful, picturesque surroundings – away from the distractions of everyday living. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! This is a unique opportunity to recharge your relationship batteries, refocus on each other and fall in love all over again!

**Weekend date:** 31st Oct – 2nd Nov 2014

**Venue:** Santa Teresa Spirituality Centre, Ormiston QLD (on Brisbane’s bayside)

For bookings/details contact: Tamara and Scott Menteith, ph (07) 4634 3559, stjmen@aapt.net.au

Information website: [www.wwme.org.au](http://www.wwme.org.au)

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**NAB AFL Auskick**

**NAB AFL Auskick is running at your school now!**

**Where:** Our Lady of Assumption School oval

**When:** First session is on Wednesday 15th October 2014

**Time:** 7:25 – 8:25am

**Length of program:** 8 Weeks*

**Cost:** $65

When you participate in Auskick you also receive your very own football, backpack with a hat, stickers, pump plus heaps more!

For more information visit aflauskick.com.au or call 3865 8700.