Dear Parents,

**Defence News**
The Remembrance Day Commemoration Ceremony was a special place to be yesterday. Your children showed great respect and I’m very proud of every one of them. My Thanks to Mrs Glass for saying the Ode, Mr Campbell and the children who actively took part in our ceremony. The children’s poppies were on display in the garden in front of the Good Samaritan Centre and they look fantastic.

On Monday Night I attended the Gaythorne RSL Remembrance Day Awards Ceremony. Well done to those children that entered the competition.

Janet Dyer, DSTA

“Once upon a Time “ for a live audience. It was a very entertaining and seamless production and the children are rightly proud of their achievement. There will be one more performance tomorrow night at 7.00PM and there are some seats still available.

**Lost**
If you happen to see a pair of white creamy pearls please hand them into the office.

**Staff Carpark**
A reminder to parents that the staff carpark is for staff only during school hours with the exception of parents collecting sick children and parents with disabled stickers.

**Children’s Prayer Circle**
Come and join Mrs Arcodia and Mrs Robertson for fun and creative prayer!

All students are welcome.

Where: The Chapel

When: Tuesday 8.15am to 8.30 am

If you happen to see a pair of white creamy pearls please hand them into the office.

**Once upon a Time**
The year 6 and 7 students put on a polished performance last night in the Good Sam Activity when they presented the musical
Is it normal? Dealing with sexual behaviours in children and young people

Every parent wants their children to grow up with a healthy and open attitude to their sexuality. You can support this by being able to identify, understand and respond to your children’s sexual behaviours.

Displays of any form of sexual behaviour in a child or young person can be highly confronting for a parent. It’s important to understand that some level of sexual behaviour – which includes everything from questions about sexuality and relationships to touching and fondling – is quite normal, even from quite young ages. Most sexual behaviours are simply expressions of a natural interest in sexuality.

However, that doesn’t mean that all of these behaviours are normal or healthy.

Family Planning Queensland (FPQ) has put together a clear guide to managing sexual behaviours in children and young people.

There are three steps involved in management of these behaviours:

1. Identify: Many factors can affect the behaviours exhibited by a particular child, so it’s important to consider the child’s context, including their social and family situation and the culture in which they have been brought up.

2. Understand: The same applies to a sexual behaviour as any other behaviour in a child or young person: it is a reflection of their needs or wants. Often, when language and social skills are still nascent, ‘acting out’ is the only way a child can express themselves.

Understanding a sexual behaviour means trying to get behind what is driving that behaviour. Is it an unsatisfied curiosity, boredom, challenging relationships? Could it be something more serious, such as an indication of abuse or neglect?

3. Respond: All sexual behaviours exhibited by a child or young person deserve some sort of action and support – ignoring is not a response.

‘Normal’ (green) behaviours provide an opening to talk, to explain and to provide support if needed. ‘Beyond normal’ (orange) behaviours will often need more intervention, including ongoing monitoring. This could include supervision during times of risk, making stricter rules or removing the child from a potentially harmful situation.

‘Harmful’ (red) behaviours require an immediate and proactive response that protects the child and any others who may be in danger.

A pre-emptive response to sexual behavioural problems is education. It can take place at any age, and can be one-on-one with a parent or in a classroom situation.

Every child and young person has the right to be safe. As a parent, building your awareness of what’s normal and what’s not when it comes to sexual behaviours – and knowing how to respond appropriately – will help you play a more proactive role in making sure that your children’s sexual development is healthy and they are protected from harm or abuse.
Boot Camp at OLA 6 Days Per Week

Why not reward yourself this semester and join many other OLA Mums and Dads by benefiting from increased energy, fitness, and a leaner body composition by Xmas. Boot Camp Enoggera has established itself over the last few years and is now conducting 6 fitness sessions per week at OLA.

Our former military trainers goals are simple....

Create a supportive environment where all fitness levels are welcomed by existing Boot Campers
Program each exercise session for maximum return on investment
Have lots of fun training and acknowledge all achievements from Boot Campers

The 25 week initiative "Spring into SUMMER" allows plenty of time to create a healthy, fit, and energetic YOU just in time for summer. All new boot campers receive 1 FREE week of training (go to the website below to take advantage) to ensure that the environment and training suits your needs. There is no obligation to sign up after your free week.

Contact: Mat Skate Mob: 0414474040
Email: contact@weighttolife.com.au
Facebook: www.facebook.com/fitnessinthepark
Website: http://www.fearlesshealth.com

St John the Baptist Parish Enoggera
* Christmas Celebration Lunch *
Sunday 30th November 2014
12noon at Good Samaritan Centre (next to OLA)
320 South Pine Road Enoggera

Single $10 * * * Family $20

Santa Claus    Face Painting    Fabulous Food    HUGE Raffle
Musical Entertainment    Christmas Carols    Lucky Door Prize

Book Early – Bring Family & Friends

Let’s Celebrate – Celebrate & Celebrate !!!

Contacts: Annette 3354 2603   Barbara 3855 3934
Sue 3355 5106   Parish Office  3352 1730

Tickets on Sale after ALL Sunday Masses
OLA P&F PRESENTS...

CAROLS NIGHT!!

MONDAY 1 DECEMBER

BBQ DINNER
5PM TIL 6.15PM

STUDENT CAROLS
STARTS 6.30PM

POP-UP CRAFT STALL!
FROM 5PM

BYO ALCOHOL PERMITTED

ON SALE: Steak Burgers * Sausage Sizzle
* Soft Drinks/Poppers/Water * Sno Cones
* Popcorn * Safeflame Candles!

PLEASE NOTE THAT THE CANTEEN AND GIFT SHOP WILL BE CLOSED DURING CAROLS, SO PLEASE ARRIVE EARLY TO PURCHASE FOOD AND DRINK PRIOR.

VOLUNTEERS NEEDED!

THE P&F NEED PEOPLE TO HELP WITH PREPARATION OR ON THE NIGHT TO SERVE FOOD, DRINK, OR TO SELL CANDLES, PLEASE RETURN THE FORM BELOW TO THE OFFICE AS SOON AS POSSIBLE.

NAME: ___________________________ PHONE NUMBER: ___________________________

EMAIL ADDRESS: ___________________________

☐ YES! I can help with preparation on Monday 1st December – 2pm (set up, salad prep)
☐ YES! I can help on the night from 5pm to 6.30pm (bbq, sno cones, popcorn, drinks, candle sales)